

Salads

Mixed salad (lettuce, cherry tomatoes, mature cheese)	CHF	7.50
Bulgur salad (chickpeas, mushrooms, marjoram, pickled tomatoes, beetroot sprouts)	CHF	8.50
Summer salad (chicken with red curry, marinated melon and lemon balm)	CHF	9.50
Choice of dressing: French, Balsamic, Italian or honey mustard		

Sandwiches

Laugen	CHF	5.–
Rye bread (vegan)	CHF	6.–
Semmel	CHF	6.–
Bagel	CHF	8.–
Triangolo	CHF	8.–

Toasted sandwich

Ham-cheese	CHF	5.–
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Soups

Courgette, pea and cardamom soup with beetroot sprouts (vegan)	CHF	7.50
Weekly soup	CHF	7.50

Pasta

Spaghetti, whole grain pasta or gluten-free pasta with				
– Tomato sauce	small port.	CHF	7.50	CHF 14.50
– Ham and cream sauce	small port.	CHF	8.50	CHF 16.50
– Bolognese sauce	small port.	CHF	8.50	CHF 16.50
– Saffron and courgette sauce and tomato strips (vegan)	small port.	CHF	8.50	CHF 16.50
– Weekly sauce	small port.	CHF	8.50	CHF 16.50

Main dishes

Plant-based burger with fries				CHF 19.50
Burger (beef) with fries	small port.	CHF	11.50	CHF 19.50
Salmon burger with fries				CHF 19.50
Gluten-free burger (meat or salmon) with seasonal salad				CHF 22.50
Pita with falafel (vegan)				CHF 15.50
Pita with chicken				CHF 15.50
Fitness bowl with tofu and courgette balls, red rice, edamame, carrot and yellow peppers				CHF 20.50
Fitness bowl with chicken, red rice, edamame, carrot and yellow peppers				CHF 20.50
Plant-based nuggets with fries	small port.	CHF	9.80	CHF 15.50
Chicken nuggets with fries	small port.	CHF	12.50	CHF 20.50
Fishsticks with fries	small port.	CHF	9.80	CHF 15.50
Portion of fries	small port.	CHF	7.–	CHF 9.–
Nachos with hummus				CHF 7.50
Hot Dog				CHF 6.–
1 wiener with fries				CHF 6.90
2 wieners with bread				CHF 6.–
2 wieners with fries				CHF 8.90

Every Wednesday:

Vegetable patties with a soy and yoghurt dip and salad garnish	CHF	10.–
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Breakfast

Croissants	CHF	1.50
Croissants with filling	CHF	2.50
Birchermüsli	CHF	6.–
Seasonal fruit sundae	CHF	6.–
Lassi (yoghurt, milk, powdered sugar with fruit or spices)	CHF	6.–
Power muesli (oat flakes, chia seeds, soy milk, seasonal compote)	CHF	6.50
Scrambled eggs with rye bread (vegan)	CHF	7.–
Scrambled eggs with toast	CHF	8.50
Scrambled eggs with bacon and toast	CHF	11.50
Fried eggs with toast	CHF	8.50
Fried eggs with bacon and toast	CHF	11.50

We only use dairy products and eggs from Switzerland.

Breakfast special

Eggs any style with bacon, toast, 2dl fruit juice or coffee	CHF	14.50
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Eggs any style with bacon, toast, breakfast cup, 2dl fruit juice or coffee	CHF	17.50
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Desserts

Small pastry	starting at CHF	2.50
Donut	CHF	3.50
Seasonal cake / pie	starting at CHF	3.50

We do not use palm oil in our baking or cooking.

Ice cream

Assorted flavours of ice cream	starting at CHF	2.50
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Drinks

Coffee / Tea

Coffee crème / Espresso	CHF	3.50
Double espresso	CHF	3.80
Cappuccino / Latte Macchiato / Milk coffee	CHF	4.50
Hot chocolate / Ovomaltine (Swiss)	CHF	4.–
Wild berry punch	CHF	4.–
Glattfelder tea	CHF	4.–
Babycino	CHF	1.50
Hot / cold milk	CHF	3.50

Soft drinks (from dispenser, only on restaurant side)

Coca-Cola, Fanta, Sprite, Fusetea, Valser	3 dl	CHF 3.– / 4 dl	CHF 4.–
Syrup	glass/carafe		CHF 1.50/5.–
Spring water	glass/carafe		CHF 0.–

Bottles (PET)

Valser sparkling, Valser still	PET	5 dl	CHF 4.–
Coca-Cola, Coca-Cola zero, Fanta, Sprite, Shorley, Rivella red	PET	5 dl	CHF 4.50
Focuswater and Bio Schorle drinks selection	PET	5 dl	CHF 5.50
Alpenkräuter Bio Eistee	PET	5 dl	CHF 5.50

Beer

Calanda Edelbräu	5,2 %	33 cl	CHF 4.50
Calanda Radler	2 %	33 cl	CHF 4.50
Calanda 0.0% (alcohol-free)		33 cl	CHF 4.50
Erdinger wheat beer	5,3 %	33 cl	CHF 5.50
Erdinger alcohol-free		33 cl	CHF 5.50

Wine

Red: Falco Rosso, Toscana, Merlot / Sangiovese	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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White: Orvieto classico DOC Bigi, Umbria, 5 different grape varieties	1 dl	CHF 6.– / 7,5 dl	CHF 39.–
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Sparkling wine: Charme Delea Ticino	1 dl	CHF 7.– / 7,5 dl	CHF 45.–
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OVAVERVA Apéro

White wine spritz (sweet or sour)	CHF	6.–
Aperol spritz (Aperol, Prosecco, soda)	CHF	10.–
Long drinks (with 4cl spirits and filler)	CHF	12.50
Hibiscus gin (gin with hibiscus tonic)	CHF	12.50
Sanbittèr Rosso (alcohol-free)	1 dl	CHF 4.–
Crodino Bitter (alcohol-free)	1 dl	CHF 4.–
Schweppes hibiscus tonic (alcohol-free)	2 dl	CHF 5.–

Declaration

Meat	Beef	Switzerland, Austria
	Turkey	Germany
	Chicken (Chicken Nuggets)	Switzerland
	Poultry	Switzerland

Sausages and cold cuts	Wieners (pork)	Switzerland
	Salami (pork)	Switzerland
	Cooked ham (pork)	Switzerland
	Raw ham (pork)	Italy
	Lyoner sausage (pork)	Switzerland
	Coppa (pork)	Italy
	Streaky bacon (pork)	Switzerland
	Meatloaf (pork/beef)	Switzerland

Fish	Alaska pollock (fish sticks), wild seafood	Northeast-Northwest Pacific
	Tuna fish, wild seafood	Indian Ocean
	Salmon, wild seafood	Northeast-Northwest Pacific
	Salmon, farmed	Norway

Dairy products and eggs We only use dairy products and eggs from Switzerland.

Palm oil We do not use palm oil in our baking or cooking.

Allergens We will be pleased to provide you with information on possible allergens in individual dishes. Kindly ask our employee.

Daily specials See our weekly menu for the sourcing of ingredients in our daily specials.

English



BISTRO

OVAVERVA

Hallenbad • Spa • Sportzentrum

St. Moritz